

A viral disease caused by a new severe acute respiratory syndrome (SARS-CoV-2), is a new strain that was discovered in December 2019 in China, which has quickly resulted in a pandemic. The antiviral properties of aromatic plants and essential oils can justify their use against COVID-19. Our purpose in this article is to review the use of essential oils during the pandemic for the treatment, prevention and reduction of symptoms due to COVID-19. A literature search was executed using Google Scholar, PubMed, ScienceDirect and SpringerLink databases to search for suitable keywords such as 2019-nCoV, essential oil, symptoms, prevention for relevant publications up to 5.5.2020. The present systematic review was performed based on PRISMA protocol, the results of the search and based on the inclusions and exclusions criteria, 14 articles were included in the final review. The result of this study shows that several essential oils could prove beneficial for COVID-19 patients and also could reduce the severe symptoms caused by SARS-CoV-2. The essential oils of *Eucalyptus globulus*, *Corymbia citriodora*, *Pelargonium graveolens*, *Citrus limon*, *Allium sativum* and *Syzygium aromaticum* can be used as a potential agents for SARS-CoV-2 prevention.

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